



## I AM the Bread of Life

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**\*\*Note to LG Leaders: Throughout the I AM series these discussion guides will make reference to the I AM Jesus booklets available to all Grace attenders. Please encourage your group members to make use of this resource for personal devotions.**

### Life Group Discussion Questions:

1. Thinking back on this week's sermon, is there a particular point you recall that caught your attention or you found challenging or confusing?
2. Read **John 6:24-35, 48-58,66**. The big idea is: Because Jesus is the Bread, we are spiritually satisfied. Discuss the question on page 5 in your "I AM Jesus" booklet: How would your life look different if you were spiritually satisfied?
3. Pastor Derek gave three reasons we "choke on the Bread of Life". The first is that we seek fulfillment in material things instead of in Jesus. **Read Matthew 6:25-34 and Philippians 4:11-13**. Share a few areas where you are discontent. How can Jesus fill that void in your life? (see pg. 7 in the booklet) How do you think Paul *learned* to be content?
4. Another reason is we focus on what we must do instead of what Jesus has already done. **Read John 6:28-35** and notice all the times the word 'believe' is used. What does it mean to 'believe IN' Jesus instead of to 'believe THAT' Jesus lived and died?
5. The last reason is that we dabble with Jesus instead of being consumed by Him. **Read Isaiah 55:1-13**. How does this passage describe a life consumed by Jesus? What is God inviting us to do in vs. 1-2, 3-5, and 6-9? Read in your study guide about fasting (pg. 9.) How can fasting allow you to be consumed by Jesus? Talk with your group about this and encourage each person to commit to some type of fast.
6. If you were physically present in the service on 3/5—how was communion different for you as you focused on Jesus as the Bread of Life?

**Next Steps:** a) Commit to "find your chair" and use the I AM Jesus booklet daily and b) Decide what you will fast from and what spiritual exercise you will do instead

**Prayer Time:** Following the ACTS method, pray silently. Ask the group to : A – ADORE or praise Jesus for being the Bread of Life . Next ask them to: C—CONFESS ways they have not been spiritually satisfied with Jesus, then ask them to: T—THANK Jesus for being all we need and, finally S—SAY WHAT YOU NEED and ask Jesus to help you know Him better so you can be consumed by Him.

**Memory Verse:** Philippians 4:11 "I have learned in whatever situation I am to be content."