THE EXCHANGE



January 12, 2017

Dear Parents:

On behalf of the GraceYouth and The Exchange teams, I am excited to invite your son or daughter to join us at the COURAGEOUS CHOICES RETREAT ON FRIDAY, MARCH 3 THROUGH SUNDAY, MARCH 5. Your students will enjoy their time away at the beautiful Mission Meadows Retreat Center, located on the shore of Lake Chautauqua – now equipped with a brand new indoor guarded swimming facility!

This annual retreat continues to be one of the highlights of our year. Relationships go deeper, memories get made, and time allows for real conversations to be had. It's always enjoyable for both students and leaders alike!

This year our retreat is the finale to an incredible series called Courageous Choices that our church family will walk through in February. Our students will be challenged to live courageously through their actions, their words, and their relationships. We'll study God's command to Joshua to not be afraid, but to find strength and courage because He is always with us.

The cost for the entire weekend (lodging, meals, materials, swimming) is \$90.00. Special bonus - for families with more than one student, your first student is \$90.00 and siblings are \$45.00! A 50% deposit is due by Sunday, February 19th, with the remaining funds due at the retreat.

Important Times:

Parent/Carpool Drop Off at Mission Meadows: Friday, 8:00 PM

Parent/Carpool Pick Up at Mission Meadows: Sunday, 9:30 AM (still time to get to service!)

Please note, retreats are the perfect environment for students who have yet to get connected. An important list of things to pack is located on the back of this letter!

Thank you for partnering with us by plugging your students into these faith conversations. I believe they are foundational moments in your teen's spiritual development. We appreciate you and look forward to spending this time with your son or daughter.

With love,

Kristin Hesch GraceYouth Central Lead

GraceYouth Activities Consent Form

Name of Student:	
Birth Date:	
Name of Parent(s) or Guardian(s):	
Address:	
Home Phone: Cell Phone:	
Other Person and/or Number to Call in Emergency:	
Medical Information Medications to be taken (list with directions):	
Medication or Food Allergies? List if any:	
May be given as necessary: Aspirin Yes No Tylenol Yes No Ibuprofen Yes No Any Specific Activities: Encouraged:	
Discouraged:	

Consent and Certification

Signature of Student

I, the undersigned, being the parent or legal guardian of the student named above, do hereby consent to the participation of my student in all the scheduled student activities of Grace Church, and any other supervised activities customarily associated with its student group, including student rallies and overnight or weekend student trips. Further, I certify that my student is physically fit and adequately prepared to participate in all recreational and sporting events. If I wish to revoke this consent for any reason, I will promptly notify the student leader in writing.

NOTE TO PARENT: If giving consent for one activity only, or if this consent is otherwise restricted, please specify:		
one or more of the following persons to make emergency medical care decisions on behalf of my student, if required by law or a health care provider:, or		
(Note to Parent: you may add or delete a name as desired.) I authorize these persons to act in my place to consent to all necessary and appropriate x-ray examinations, anesthetic, medical or surgical diagnosis or treatment, and hospital care. I understand that Grace Church will not be responsible for medical expenses incurred solely on the basis of this authorization. I further agree to notify the GraceYouth Central Lead in writing of any health changes that would restrict my student's participation in any normal student activities. I also understand that the GraceYouth Central Lead and designated adult chaperones reserve the right to restrict my student from any activity that they do not feel is within the physical capabilities of my student.		
Signature of Parent or Guardian Date		
Student Pledge I hereby pledge to uphold all policies of Grace Church and respect my leaders and environment. During all student activities and all student trips, I pledge to follow all instructions of the student leaders and the adult chaperones, including safety instructions.		

Date

Participant Agreement - Signature Required

Name: C	amp/Retreat/Event attending: GraceYouth Retreat
I acknowledge that participation in the event described ab (and to Participant's parents or guardians, if Participant is including, but not limited to, the following: sickness, bodily property damage, and financial damage.	a minor), and may result in various types of injury
With regard to events organized for minors, I also underst participation by adults in children's activities which also cato, the following: sickness, bodily injury, death, emotional damage.	arries the potential for injury including, but not limited
In consideration for the opportunity to participate in the E is a minor) acknowledges and accepts the risks of injury as from the Event.	
The Participant understands that specific activities include activities, slip and slide, rock climbing, winter activities su large group games such as dodgeball.	
The Participant (or parent/guardian) accepts personal final sustained during the Event or during transportation to and rendered to the Participant that is authorized by Camp Misany other representatives.	l from the Event, as well as for any medical treatment
Further, the Participant (or parent/guardian) releases and Mission Meadows or its agents, employees, volunteers, or or indirectly out of the described Event or transportation to the negligence of Camp Mission Meadows, the Participant, The Participant (or parent/legal guardian) gives consent to images and sound prints to be used in promotional materi. The Participant (or parent/legal guardian) agrees to comp	any other representatives for any injury arising directly to and from the Event, whether such injury arises out of or otherwise. To Camp Mission Meadows to photograph and record als.
failure to comply may result in the Participant being dismitransportation from the Event will be the responsibility of	•
Signature of Participant:	Date:
Participant 2 (if applicable):	Date:
Participant 3 (if applicable):	Date:
Signature of Parent/Guardian:	Date:
Phone numbers in case of emergency (if you will not b	e remaining on-site):
Name & Relation:	Phone #:
Name & Relation:	Phone #:

What to Pack

- Your signed forms and any remaining payment
- · Bedding for twin bed or sleeping bag
- Pillow
- Towels for showers
- Sneakers for gym
- Snow clothes/boots
- Swimsuit (Be mindful of modesty, please!)
- Swimming Towel/Flip Flops
- Comfy clothes (A few different outfits)
- All the smelly stuff (Deodorant/Shampoo/Conditioner/Soap)
- Toothbrush/toothpaste
- Bible/Notebook/Pen
- Clothes to sleep in
- Under clothes you can never have too many socks
- Medicines (let Kristin know)
- Flashlight
- Glasses/contacts/solution
- Hairbrush
- \$5.00 if you wish to climb the rock wall. (It's unlimited use for \$5.00.)

Don't bring anything that is valuable!! If it gets lost or broken, that will stink.